

Going Gluten Free @ Lonely Hearts Cafe

FOOD MENU

Please note that currently none of our pancake dishes can be made gluten free, but we've outlined our tasty Fry-Up options for you, or you can build your own plate.

Our breakfast muffins can also be served on Gluten Free toast at the same price on request.

Small Fry

15.50€

Dry-cured back bacon, pork sausage, hash brown, fried egg, Heinz baked beans and a portion of gluten free toast.

Add Black Pudding for **2.50€**

Lonely Hearts Full English

17.50€

Dry-cured back bacon, two pork sausages, two hash browns, fried egg, grilled tomato, mushrooms, Heinz baked beans and gluten free toast.

Add Black Pudding for **2.50€**

Vegetarian Full English

Gluten Free Version

16.50€

Two fried eggs, two hashbrowns, grilled tomato, mushrooms, spinach, Heinz baked beans and gluten free toast. Add an extra portion of gluten free toast for **1.00€**.

Vegan Small Fry

Gluten Free Version

13.50€

Two hashbrowns, mushrooms, spinach, grilled tomatoes, Heinz baked beans and a portion of gluten free toast. Our vegan fried egg may contain traces of gluten, but if that works for you add one for **2.50€**

Extras

Gluten Free Toast (2) - 1.00€

Strawberry Jam - 0.50€

Hash Browns (2) 2.50€

Mushrooms - 1.50€

Spinach - 1.50€

Tomato - 1.50€

Heinz Baked Beans - 2.00€

Fried Egg - 2.50€

Vegan Fried Egg 2.50€ (May contain traces of Gluten)

Crispy Streaky Bacon (2) - 3.50€

Back Bacon (1) - 3.00€

Pork Sausage (1) - 3.50€

Black Pudding - 2.50€

Maple Syrup - 2.00€

Whipped Cream - 1.50€